

PEETER OLESK: TO BE A BETTER ME IS AS IMPORTANT AS THE SUCCESS

The weather in Tallinn is misty but nice and warm. The Männiku Shooting Center is still quite silent. Only the Results Office staff and a few others are working at the moment here, but soon you can hear a lot of shots when 25m Lapua European Cup Pistol takes place in Männiku.

I am sitting in the office of Meelis Loit, the Secretary General of the Estonian Shooting Sport Federation.

Then suddenly I hear two polite knocks on the door. At the door, I can see a standing man with a glad smile on his face with an elegant short beard.

- Hi, nice to see you again here in Männiku, welcome, wishes Peeter Olesk, one of the Estonian famous athletes.

Peeter Olesk is the biggest star in shooting sports in Estonia, well known and famous in the shooting sports in the world too.

Peeter Olesk, a 31-year-old young athlete, is now preparing for his third Olympic Games, but he will participate also in the 25m Lapua European Cup Pistol.

- I love to shoot and compete at the 25m Lapua European Cup Pistol. It is a competition that is different from the other competitions. The feeling is freer, and it somehow liberates me and helps me to handle expectations. Here we are more friends participating in the event than competitors. If someone has problems, the other athletes will help out. The Centre Fire Pistol is also more natural competition than the Olympic event, the 25m Rapid Fire Pistol, which is more technical, Peeter explains.
- Of course, when I step into the firing place, I will always concentrate 100% on every event, no matter which competition it is. Here in Lapua Cup, I can check how I am doing, and my shooting technique, even if it is a different discipline than 25m Rapid Fire Pistol. But I can see or research different parts of my shooting, continues Peeter Olesk.

The coach of Peeter Olesk is Matthias Hahn. Peeter has trained with him now for six years. Peeter Olesk returned this week from Suhl back to Estonia. He was in Suhl with Hahn.

- I love to practice with him. I have learned a lot from Matthias. He is clear and gives simple and easy recommendations and opinions. We are on the same level all the time; we do not need long explanations. Even one word or sign and everything is clear. He has made me concentrate on the main issues. It is important that you have such a person behind you, who will support and advise you and you can trust that advice, tells Olesk.

The 25m Lapua European Cup Pistol in Männiku is the last competition before the Paris Olympics. After Männiku Peeter Olesk is flying to Switzerland for a few days to a training camp with Matthias Hahn. After this training camp, his preparation for the Olympics is ready and Peeter Olesk is ready to meet his competitors and challengers at the Olympic Shooting Center in Chatearoux where the Olympic Shooting Events take place.

- The success is of course important, but I try to better myself, smiles Olesk when asked about the goals at the Olympics.

Let us send him many thumbs(likes) and good luck wishes for the Olympics.